

# DEBATE

## Digital well-being and cybersecurity

30th March 2021

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**9:30 AM (16:30)** INTRODUCTION to the topic of discussion, presentation of main ideas, organizational matters, presentation of participants







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**9:35 AM (16:35)** SPEECH by **Amy Steinmann**, Public Affairs Officer of the US Consulate in Krakow

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**9:40 AM (16:40)** **DEBATE ON DIGITAL WELL-BEING AND CYBERSECURITY**

Participants:

-  **Jena Melançon**, Founder and Executive Director, Gulf Coast Diplomacy
-  **Katherine McCrackin**, top 10 International Baccalaureate program graduate
-  **Rachel Hendrix**, Executive Director of International Affairs for the University of West Florida's Division of Academic Engagement and Student Affairs
-  **Anna Rywczyńska**, Head of the Digital Education Department at NASK and Coordinator of the Polish Safer Internet Center
-  **Łukasz Gierek, MIE Expert**, teacher at the Radom Technical School
-  **Marcin Mechla**, ICT expert for Cities on Internet Association

**Introduction:** Synthetic presentation of the main issues concerning cybersecurity and digital well-being of teachers and students in Polish and American schools.

**Discussion** on 5 selected topics:

1. **Psychological impacts of lockdown – what happened with students during the pandemic**
  - ◆ How long was the closure in your country?
  - ◆ How has the use of the Internet changed
  - ◆ Perspective of teacher, parent, student – what is it like in USA/Poland?
  - ◆ What problems occurred? What about psychological assistance?
2. **How do we take care of our well-being when we're still online? How do I manage my Matrix?**
  - ◆ What is the length of a typical lesson? Are there any regulations regarding that matters?
  - ◆ Teacher's perspective vs student's perspective – typical problems
  - ◆ What are the most common regulations regarding cameras and microphones?
  - ◆ What if we share a room, a computer?
3. **Has there been any support system for students and teachers during the pandemic**
  - ◆ What are the experiences of Polish and American teachers / students?
  - ◆ What was it like at the beginning taking into consideration the use of ICT? (younger teachers vs older teachers, primary school students, parents)?
  - ◆ Were there any major issues concerning digital safety? What were the threats?
  - ◆ How did the teachers manage to cooperate with difficult students – Bombing classes?
  - ◆ Has anything changed? What does the software offer us? Are there any other methods?
4. **Has anyone gained on Covid-19?**
  - ◆ What type of student did best? Are you sure most will be "lossy"?
  - ◆ What did the teachers gain (skills, knowledge, experience, psychology)?
5. **Learning loss – what it means for the future and how to "make up for it"**
  - ◆ What exactly is lost? What is the absence of learning? Is it serious?
  - ◆ What actions can you propose?

**LESSONS LEARNT BY K12 SCHOOLS IN TIMES OF COVID-19**



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